



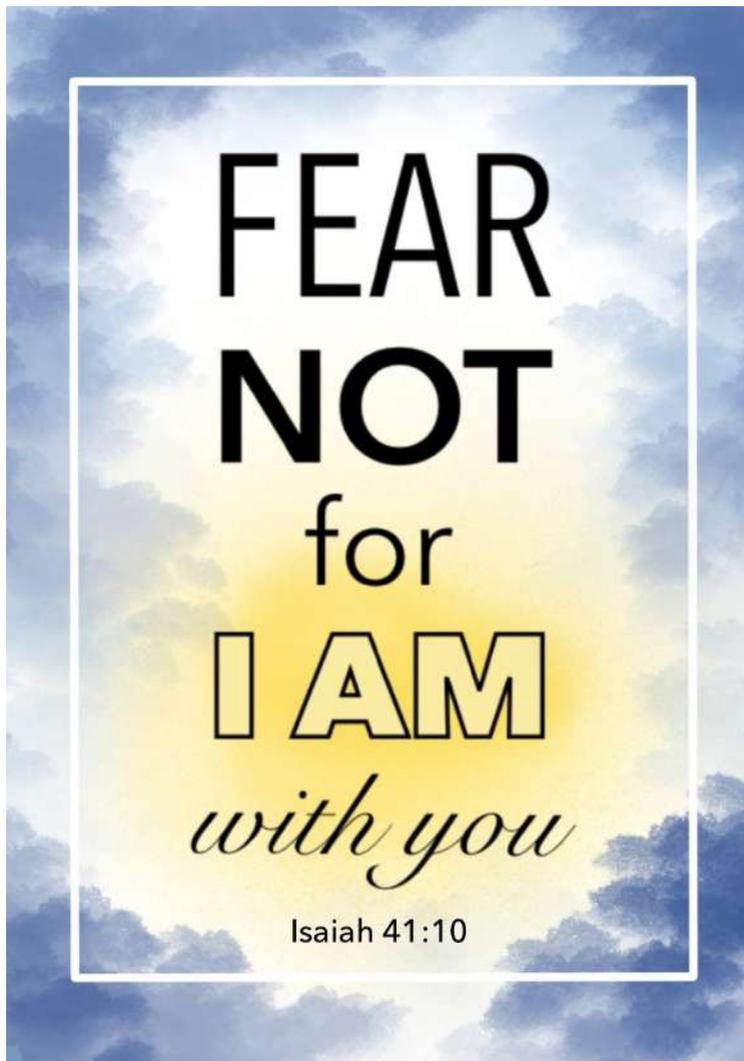
ALL SAINTS
ST LEONARDS & ST IVES



RINGWOOD
BENEFICE

GoodNews 50p

May 2020



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Barbara Davies	01425 475700	

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Diary Dates— May

Tuesdays Home Groups
Thursdays 10.30am Coffee Mornings
Fridays Choir practices—see Gill

Please note that, due to Covid-19, all meetings/events have been suspended for the time being.

The Benefice Diary can normally be found on the Benefice website:

www.ringwoodbenefice.org.uk

The Vicar's Letter:

Wait upon the Lord

As I sit here writing, like so many of you who are reading this, I am wondering when will this lockdown come to an end. It's been more than a month now and, whilst they are saying we are starting now to go in the right direction, the restrictions will remain in place as they want to avoid the danger of having a second wave of coronavirus. I have to say that does not fill me with joy. In fact I have now decided to restrict my news watching as I find it depresses me, because most of the reporting is very negative. Although not everyone agrees with me, as I discovered the other day whilst I was in a queue waiting to get into a supermarket. I overheard a lady talking with a gentleman, he was saying how frustrating this lockdown is, to which she replied she felt things are better because people are talking to one another and being much kinder to each other. He was little taken aback by what she said, and I found myself really struggling not to say something to her. Now do not get me wrong I really like the fact that people are being kinder and there has been some amazing stories of acts of kindness and bravery particularly by Doctors and Nurses, those on the frontline. However, the current situation is not better and it is

Our Vision & Beliefs

To be an inclusive church that welcomes all.

A church that is transformed by the love of God and to share that love with each other and all whom we meet.

A people committed to growing together in love and faith and to growing into the likeness of Christ.



Mission Statement

We strive to be a community of people that:

- *tells others about God
- *grows in the likeness of God
- *works towards a just and compassionate society
- *is fully resourced for the task

We hope you enjoy browsing our website and hope to see you soon. Visitors are always welcome.

Besides catering for the spiritual needs of the parish, All Saints hosts a choir, music group, a flower guild, Sunday school, Mother & Toddler Group, and Handicrafts Group. The Church Centre is a venue for a variety of educational and recreational interests in an active and well-integrated community.

a real struggle for us all, particularly for those who are in Care Homes, or those who are having to isolate themselves for more than 12 weeks, not to mention those who have lost loved ones.

Now, like so many people in this current situation, I have been trying to find ways to distract myself and my work has helped. I have also found other ways to distract my mind such as learning to play new songs on my guitar, gardening, walking the dogs with Lianne and using social media. I would say getting out into my garden has been a great help to me, and I have now created a vegetable patch, which I am very proud of, and I have also now planted everything out. My runner beans and broad beans are growing really well, at the moment. However, I would just love to be able to get up tomorrow morning to find that it was all ready to be harvested but, as all gardeners know, it does not work like that. You must be patient and wait; and whilst you are waiting and being patient, you need to be watering, weeding and making sure everything's okay during the growing season.

Now whilst I was reflecting upon this, a passage of scripture came to my mind from Psalm 27 v 14, which says, "Wait for the Lord; be strong and take heart and wait for the Lord." If you are anything like me, waiting and being patient is not always easy. However, there are seasons in all of our lives where we have to be patient, we have to wait and, right now, we are in one of those. Not just ourselves individually, but it is the same for everyone; we are all having to be very patient at this time.

Nevertheless, this passage does not just say "Wait", it says, "Wait upon the Lord." It is that second part that is especially important because, I believe, it is at times when life is hard and difficult that we need to put our faith and trust in our God and lean into him. I have found my own personal time with God during this Lockdown to have been a great strength and help to me. What is more, I have also used various other different ways to help me engage with God because, of course,

we cannot gather collectively. I have found YouTube to be very useful because there's so many Christian worship songs there which I use in my own quiet time, or at other times throughout the day.

During these difficult times I want to encourage you all to press into God more than you perhaps have ever done before. We are of course all very different, and our styles of worship are diverse within this Ringwood Benefice (which is a good thing - it would be awful if we were all the same!). So just do whatever works for you but, do it regularly and why not try different ways of connecting with God? There is so much out there on social media that we can all engage with.

As many of you have seen, Matthew and I have been posting so much more material online for you to engage with. Some of it is reflective ('thought for the day' kind of thing), Bible teaching and, of course, our Sunday live worship. There will be more coming because it seems life will not be going back to its normal patterns for a while yet, so do look out for it.

As I finish, I want to encourage you to keep trusting and waiting on the Lord. Additionally, if you can, keep an eye on the Ringwood Benefice Facebook page, the website (ringwoodbenefice.org.uk), which includes a new All Saints webpage, and the All Saints Facebook Group, or you can look at my own Associate Minister Facebook page (just type in @reavianwhitham into your search engine and it should find it).

Well God bless to you all, keep safe and I look forward to the day we can all meet again in person

Ian



Church Information

Address: Ringwood Service Road,
St. Ives, Ringwood, Hants BH24 2NS

Vicar: Rev'd Matthew Trick
The Vicarage, 65 Southampton Road
Ringwood BH24 1HE
Tel: 01425 489898

Associate Minister:
Rev'd Ian Whitham
The Vicarage, 30 Pine Drive, St Ives,
Ringwood BH24 2LN
Tel: 01425 552180

or e-mail
allsaintsoffice@ringwoodbenefice.org.uk
Website: www.ringwoodbenefice.org.uk

Marriage & Baptism Enquiries
Enquiries should be made to the vicar—
see above

Church Centre Bookings
It is possible to book the church centre
for functions and other events.
Enquiries should be made in the first
instance to Paddy Hester, 01425
474758

Lifts to Church
Lifts are available to people who could
not otherwise get to church. Please
contact Susan Woolward on
01202 829434

Worship Times

Please note that, due to Covid-19,
normal services have been suspended
for the time being and that the
church buildings are closed. During
Lockdown, there will be Benefice
services provided as follows:

Weekdays (mid-day)

[facebook.com/ringwoodbenefice](https://www.facebook.com/ringwoodbenefice)
Matthew & Ian will each share their
'Thought for the day' 12 minutes at 12pm -
Prayer for and with our communities.

Sundays

10.30am - Benefice livestreamed
Sunday Worship taking place on
[facebook.com/ringwoodbenefice](https://www.facebook.com/ringwoodbenefice)

Weekdays (not during crisis)

Morning Prayer is said in church at 8.00
am Tuesdays and in Ringwood church at
8.20am on Wednesdays.

Holy Communion is celebrated at 10.00
am on every Thursday

Coffee Corner on Thursday Mornings:
Come and join us for your morning break
of tea or coffee in the Church Centre
every Thursday morning at 10.30 am or
after the communion service. We would
love to welcome you.

Sundays (not during crisis)

First Sunday
8.30 am Holy Communion (BCP)
10.30am Holy Communion (CW) &
smAll Saints Church for children
5.30pm for
6.00pm The Well—modern service

Second Sunday
8.30am Holy Communion (BCP)
10.30am Holy Communion (CW)&
smAll Saints Church for children
6.00pm Evensong

Third Sunday
8.30am Holy Communion (BCP)
9.30am for
10.00am Café Church, Family Service
with breakfast
6.00pm Evening Worship

Fourth Sunday
8.30am Holy Communion (BCP)
10.30am Holy Communion (CW)&
smAll Saints Church for children

Fifth Sunday
8.30am Holy Communion (BCP)
10.30am Benefice Service—rotates
around the Benefice so
check Pews News or
Website

Who's Who

Churchwardens

Frankie Hester 01425 474758
Alison Davis 01425 473198

Parish Administrator

Lisa Hover 01425 461512

Licensed Lay Minister

Ruth Freeman 01425 475645

Lay Pastors

Wendy Bennitt 01425 473220
Elizabeth Morris 01425 479936
Cherry Brooks 01425 838404
Dee Briggs 01202 894716
Marion Ridgway 01425 475444
Susan Woolward 01202 829434
Andrea Emblin 01425 482742
Gill Tybjerg 01425 470906
John Freeman 01425 475645
Laura Reynolds 01202 950693

Safeguarding & Inclusion Officer

Hilary Cooper 01202 894700

Health & Safety Officer

Vacancy

Secretary to the Parochial Church

Council

Vacancy

Church Treasurer

Stephen Gray 01425 473727

Gift Aid Secretary

Pat Woodcock 01425 480921

Fund Raising/Social Events

Vacancy

Director of Music

Gill Tybjerg 01425 470906

Assistant Organist

John Birch 01425 476401

SmALL Saints Sunday School &

Messy Church

Chris Ross 07974 631884

Church Flowers

Sue Nixon 07511 961950

Sunday Car Drivers

Susan Woolward 01202 829434

Church Centre Bookings

Paddy Hester 01425 474758

'Good News' Magazine

Another strange month for the issuing of this magazine - still only available via email (if you have asked for it to be delivered that way) or from the Ringwood Benefice website. During this crisis availability of the magazine is free.

Please note: Copy for inclusion next month should be passed to Sally Brierley contact on 471335 or, preferably, email at allsaints.goodnews@gmail.com

Copy deadline for the next Issue:
Monday 18th May.

If you would like to (normally) receive a paper copy of this magazine each month, for an annual subscription of £5.00, please ring Lynne Wilson on 01202 872134. Alternatively you can receive it via email (PDF file format) at a discount price of £3.50 for the year, please email Sally using the address above to set up.

Advertising enquiries should be made to Sally Brierley, as above.

Please note that advertising deadline is the 5th of the month.

Advertisements in this publication have not been endorsed or approved by the PCC or any of this parish's representatives.

All Saints Parent and Toddler Group

This group meets on Wednesday mornings in the Church Centre. For further details contact Jane Chick on 01425 473177 or email jane@chick.org.uk.

Please note that, due to Covid-19, this group has been suspended for the time being.

On Being Overwhelmed

Antony Billington, Theology Advisor to LICC (London Institute for Contemporary Christianity), writing on 'Connecting with Culture'. Read more from him at licc.org.uk

It was Harold Wilson who allegedly said that “a week is a long time in politics”. In these recent momentous days, it looks as if that should be reduced to five minutes.

In the space of a very short time, life has been turned upside-down. Work, school, family life, daily routines, leisure activities, as well as that number one pastime - shopping - have changed for all of us, almost overnight. It's easy to see why our nation - nay, our world - is uneasy. You may feel it yourself, identify it in friends and colleagues, or see it reflected in your social media feeds. We're experiencing what theologian David Ford has called 'multiple overwhelmings'.

Whether personally, professionally, or politically, it's one thing to have a single event that knocks us off our feet. But what if the knocks continue to come thick and fast? Is it any wonder we're confused, anxious, distrustful, and fearful?

In all this, though, shafts of light manage to break through - the neighbours forming WhatsApp groups to support people

in their street, the already exhausted NHS workers coming in for the next shift, the rainbows in windows of houses saying more than the occupants of those homes perhaps know about the commitment of God to his creation. They're all traces of grace, showing something of a refusal to be shaped by the prevailing culture, which Christians of all people should understand.

Because while some 'overwhelmings' wound and crush us, others are life-giving and transformative. As David Ford says, the wisest way to cope is 'not to expect to be in control of everything', but 'to live amidst the overwhelmings' in a way that lets one of them shape the others.

Christians remember that Christ himself embodied 'multiple overwhelmings' - baptised in the Jordan, driven into the wilderness, tempted by the devil. Then, at the climax of his life, betrayed, deserted, tortured, crucified. But, as Ford writes, 'then came the resurrection, the most disorienting and transformative overwhelming of all'.

Given that death-and-resurrection pattern, what would it look like at this time to be overwhelmed with an assurance of God's love? Overwhelmed with gratitude? Overwhelmed by generosity? Overwhelmed by a commitment to pray? Overwhelmed by a desire to see others thrive, even if it comes at our expense?

Ringwood Coronavirus Assistance

This group has collated a variety of information and services available during this crisis and can arrange practical support such as deliveries. If you need help, they have a website:

ringwood-coronavirus.org.uk,

but can also be telephoned on **01425 542031**.



ALL SAINTS
ST LEONARDS & ST IVES



THE CHURCH
OF ENGLAND

During Lockdown

In line with government and Church of England rules and guidance, our church buildings are closed until further notice.

However, as part of the **Ringwood Benefice** family, we are still very much an active church. We are praying and worshipping online, via social media such as Facebook, You Tube and our website. We are also available to provide pastoral support via telephone. Please see below for access details:

Benefice website: ringwoodbenefice.org.uk

Worship & Prayer - on Facebook:

[facebook.com/ringwoodbenefice](https://www.facebook.com/ringwoodbenefice), also on You Tube, search for Ringwood Benefice. Includes **Sunday morning** services (at 10.30am) and **12 @ 12** (12 minutes of prayer at midday weekdays) – both live streamed and available after streaming.

Facebook Pages & Groups – The Benefice, All Saints and Rev Ian Whitham are all on Facebook, where you can find, live streams, thoughts of the day, bible stories and 'Heart of Worship' to watch and follow.

Daily Hope – a new dial-in service provided by the Church of England on **0800 804 8044**

Weekly Newsletter – email the Benefice Office to receive this weekly update: office@ringwoodbenefice.org.uk

GoodNews magazine – via email (send request to the address on page 5) or see on the Benefice website (see above) under 'More'.

Pastoral Care – if you would like to hear a friendly reassuring voice on the end of the line, give Ruth Freeman a call on **01425 475645**. She can arrange for one of our Lay Pastors to keep in touch with you.

Flower Guild

We are a small group who meet at the church centre at 10.30am on the 2nd Monday in most months to learn and practice our flower arranging skills following a theme. We also have coffee and a chat whilst we are busy.



At Christmas, Easter and Harvest festivals, our group also decorates the church.

For the months we don't meet we have a social occasion such as a meal or visit to a garden centre. We would very much like some new members to join us, so please give it some thought - it is very enjoyable and will only cost you £2.00 for the year.

Contact Barbara Davies on 01425 475700 for information.



Sadly, no Messy Church during April to report on and we will not be able to meet in May either. Hoping to see our families soon for an afternoon of craft, stories and tea.



Scouts, Cubs and Beavers

Scouting is rewarding for both the young people and the adult leaders and helpers so if you want to find out more about local Scouting or get involved then please get in touch. In particular right now we need to find individuals in the community who could volunteer their time as a gardener or handyman to help maintain the HQ. If you think that person could be you then please call the Group Scout Leader, Max, on 07972 685213 or email info@2saintscouts.org.uk

These prayers, by Barbara Glasson, President of the Methodist Conference, are found on the Church of England website at: <https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-liturgy-and-prayer-resources>

Caring for the sick

For hospital staff and medical researchers

Gracious God, give skill, sympathy and resilience to all who are caring for the sick, and your wisdom to those searching for a cure. Strengthen them with your Spirit, that through their work many will be restored to health; through Jesus Christ our Lord.
Amen.

Be our hope

God of compassion, be close to those who are ill, afraid or in isolation. In their loneliness, be their consolation; in their anxiety, be their hope; in their darkness, be their light; through Him who suffered alone on the cross, but reigns with you in glory, Jesus Christ our Lord.
Amen.

Time of distress

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord.
Amen.

Helpful Volunteer Services

Ringwood Good Neighbours

operates for those living in the BH24 post code area and provides assistance for those needing help in getting to medical related appointments in the locality. A weekly co-ordinator takes the calls and finds a volunteer driver to take the client to the appointment, wait for them, and return the client to his/her home afterwards. No charge is made for this service, although donations are welcomed to help cover the drivers' petrol costs. 48 hours notice is required to allow for finding a suitable driver.

Volunteer Befriending

Scheme is a FREE service introduced recently to help those in the community who would benefit from some help or some company, as and when needed. Clients will be visited to discuss their needs and try to match them with a volunteer, who may be needed on a regular or occasional basis.

All the volunteers are Police checked and have identification available for clients to see, if they so wish.

If you think you, your neighbour, your friends or a relative would benefit from either or both of these services, then please contact 07933 202112 to obtain further information.

Volunteer drivers and befrienders are always needed, so if you can help, then please see the advert opposite.

Frankie Hester



Age UK Lunch Club

Age UK Bournemouth, Poole and East Dorset now run the lunch club held in Braeside hall on Mondays from 10am to 3pm—see their advert

So if you are lonely or just in need of something to do, either as a member or a volunteer, please ring 01202 530530 or pop into the village hall on a Monday. We look forward to hearing from you.

Talking Newspaper

Do you know somebody who is blind, partially sighted or just has difficulty in reading more than the headlines and would like to be informed about local news? If you do, please send their details to : Ringwood and Fordingbridge Talking News, c/o Ringwood Medical Centre, The Close, Ringwood BH 24 1JY. or phone their details to Peter Ansell 01425 475886 or Stephanie Matthews 01425 477110 or e-mail: peteransell@onetel.com.

The service is Free and free postal return envelopes are provided and a new CD arrives every fortnight.

Difficulty Getting to Ringwood Library?

If anyone has difficulty in getting to Ringwood library through illness or mobility problems, they should contact the library and ask to speak to Pam. She can organize for books to be delivered and collected to/ from people's homes via the RVS (formerly the WRVS).

Ashley Heath W.I.

No Meeting in April.

God in the Sciences

by Dr Ruth M. Bancewicz, Church Engagement Director at The Faraday Institute for Science and Religion in Cambridge., writes on the positive relationship between Science and Christian faith.



yes. They have investigated the Bible's descriptions of the life, death and resurrection of Jesus Christ, and found that they make sense. They have discovered that they can interact with God - especially in prayer - and that this faith has changed their lives.

Can Science Prove God Exists?

To risk sounding like a smart aleck seven-year-old, technically speaking you can only prove things mathematically. If you need to know that one plus one equals two, don't go to a chemistry lab. The natural sciences only deal with things that can be observed and measured. Science has been so successful that it's tempting to get carried away, valuing science above any other kind of knowledge, but there are other ways of knowing that are equally important. For example, art conveys ideas, experiences or emotions that provoke us to think or do something in response.

In fact, to find answers to any of the really important questions about meaning and purpose that affect us throughout our lives, we always have to go beyond science. Some scientific data might help define the question, for example a farmer facing a drought would probably like to know some details about the current weather patterns and the availability of seeds for more hardy crops before she can start asking "What is the point of trying to grow anything at all?" But in the end, she is asking a deeper question - and so are the rest of us when we go through any significant experience in life.

So rather than asking "Can science prove God exists?", what about: "Are the findings of science compatible with the existence of a purposeful Creator?" For many scientists today, the answer to the second question is

Professor Christine Done, an Astrophysicist at Durham University, writes, "for me the more we know about the vast, yet intricate and beautiful Universe we live in, the bigger and more awe-inspiring is the God who made it all." (*Thinking About: The Big Bang*, <https://www.cis.org.uk/resources/thinking/>)

Some go even further, making statements like this: "the way the universe exhibits an ordered structure, which is open to science to investigate, points to a mind behind it." (Revd Dr Rodney Holder, Astrophysicist, in *Longing, Waiting, Believing* (BRF, 2014))

The question "Can Science Prove God Exists?" turns out to be a category error - trying to use science to answer a non-scientific question. On the other hand, many scientists think there is enough evidence from a wide range of sources to warrant belief in God.

New Mental Health Reflections published by the Church of England

A series of reflections on how to cope with anxiety and loneliness in the face of the coronavirus pandemic, including simple Christian meditation techniques and five tips, have been published by the Church of England.

A number of actions that could help people feeling isolated or worried, as well as those who grieve, are put forward in a new guide Supporting

Good Mental Health and written by Durham University academic Revd Professor Chris Cook with Ruth Rice Director of the Christian mental health charity 'Renew Wellbeing'.

The booklet gives advice ranging from putting aside time to rest and eating and sleeping well, to using the phone and the internet to reach those who may be struggling on their own. Making a list of all the good things - and people - that you miss when you are on your own and thanking God for them, can be a way of helping cope with loneliness, the guide says.

Simple prayers can be said repeatedly as a means of helping to deal with stress, the booklet says, and lighting a candle, where safe, can be a helpful form of prayer for some people. Quotations from the Bible can be a useful aide to meditation and calming fears, including writing down and repeating short passages, it suggests.

A phrase such as Psalm 18:1 'The Lord is my rock, my fortress and my deliverer' could be chosen for each week and used as background for a mobile phone as a 'go to' thought when someone is anxious.

It also suggests repeating a simple phrase from the Psalms such as Psalm 4:8 'I will both lie down and sleep in peace; for you alone, O Lord, make me lie down in safety,' to help calm the mind before sleeping.

The Rt Revd James Newcome, Bishop of Carlisle and the Church of England's lead bishop on health and social care, said: "I welcome publication of these further resources.

"For some time now the issues of loneliness and isolation have been identified as major problems within our society. The coronavirus pandemic will only create further challenges in this respect. So it is vital that we do all we can as a

church to protect people's mental wellbeing.

"The reflections are beautifully presented and scripturally based, with the 'Have A Go' sections intentionally focussing on how people should be kind to themselves. That is so important at this time. My prayer is that as many people as possible are able to draw upon these new resources over the coming weeks and months."

Five Tips for Tackling Loneliness and Isolation

The Church of England has published a leaflet giving five tips to help loneliness:

1. **Pray.** Light a candle, if safe, and pray for hope, faith and strength to keep loving and caring for each other during this time of struggle.
2. **Talk about how you feel.** This may be difficult if you are self-isolating, but do use the telephone, internet, and social media. If you need to contact a counsellor this can be arranged by your GP, or via local agencies, or privately. Samaritans are there 24 hours a day, every day, and it's free to call them on **116 123**.
3. **Focus on the things that you can change,** not on the things you can't.
4. **Look after yourself** - physically, emotionally, spiritually. Plan in things that you enjoy at regular intervals during the day - a TV programme, a phone call, a book, a favourite dish, a game.
5. **Look after others.** Even if only in small ways, but do what you can: a smile, a kind word, writing a letter or an email.

Go to: <https://www.churchofengland.org/faith-action/mental-health-resources/dealing-loneliness-and-isolation-five-top-tips>

All in the month of MAY

It was:

200 years ago, on 11th May 1820 that the British Royal Navy sloop HMS Beagle was launched. This was the ship that took the naturalist Charles Darwin on his scientific voyage around the world (1831-36).

Also 200 years ago: on 12th May 1820 that Florence Nightingale was born. This Italian-born British social reformer and statistician saved thousands of lives and became the founder of modern nursing.

125 years ago: on 20th May 1895 that R J Mitchell was born. This British aeronautical engineer designed the iconic Supermarine Spitfire fighter plane as well as several racing seaplanes.

90 years ago, on 24th May 1930 that British aviator Amy Johnson became the first woman to fly solo from England to Australia.

80 years ago, on 2nd May 1940 that the 1940 Olympic Games in Tokyo, Japan, were cancelled, due to World War II.

80 years ago, 1940: WORLD WAR II:

- 10th May: Prime Minister Neville Chamberlain resigned after losing the support of many Conservatives in the House of Commons. Succeeded by Winston Churchill.

- 10th-28th May: It what was called Case Yellow, Germany invaded Belgium, the Netherlands and Luxembourg.

- 10th May: Germany dropped its first bombs on England, at Chilham and Petham in Kent.

- 13th May: Winston Churchill gave his first speech in the House of Commons, saying: "I have nothing to offer but blood, toil, tears and sweat."

- 14th May: The Home Guard was established, nicknamed Dad's Army as it was comprised of volunteers who were ineligible for military service, usually because of their age.

- 26th May-4th June: The Battle of

Dunkirk. Allied forces launched a massive evacuation of troops from Dunkirk, France, across the English Channel to England after they were cut off by approaching German forces. Nearly 340,000 soldiers were rescued in a hastily assembled fleet of 800 boats.

75 years ago, 1945: WORLD WAR II

2nd May: The Battle of Berlin ended. Allied victory which led to the surrender of all German forces by 8th/9th May, and the end of the war in Europe.

8th May: VE Day (Victory in Europe) - celebrated as a public holiday.

28th May: British-born Nazi propaganda broadcaster Lord Haw-Haw (William Joyce) was captured by the British Army and taken to Britain to face trial. (He was convicted of treason and sentenced to death on 19th September and hanged on 3rd January 1946.)

70 years ago, on 13th May 1950 that the first Formula One World Championship race was held, at Silverstone in England. (This race is also known as the 1950 British Grand Prix.)

60 years ago, on 23rd May 1960 that Israel announced that Nazi Adolf Eichmann had been captured in Argentina. He was responsible for organising the mass extermination of Jews in WWII. He was tried, sentenced to death and executed in June 1962.

50 years ago, on 8th May 1970 that the Beatles released their final album, Let it Be.

Also 50 years ago, on 22nd May 1970 that the song 'In the Summertime' by Mungo Jerry was released. By June it had reached Number One on dozens of record charts around the world.

40 years ago, on 5th May 1980 that Operation Nimrod took place, when the British SAS stormed the Iranian Embassy in London after a six-day siege.

Remembering VE Day

by David Winter

I was 15 in May 1945, when Britain celebrated VE Day. It stood for Victory in Europe and followed an agreement by the Allied powers following the German surrender. Needless to say, although the war with Japan was not over, it was a noticeable moment. No more bombs, missiles and blitz - and the 'boys' would come home!

I have two very clear memories of the day itself. The first was the street party which took place in our road on a housing estate in North London. With official permission, the road was closed off, tables were set up, food and drink were served. We spent the afternoon in races and competitions. Dads, mums, teenagers and children then sang the wartime songs, and 'Jerusalem' and 'God save the King'.

The other memory is an image of a sailor kissing a young woman - surrounded by happy laughing people. This iconic photograph was in one of the papers the next day, then on camera newsfeeds and is in just about every journalistic library. Somehow it captures the mood of the day - freedom, warmth, the good things of everyday life.

VE Day did indeed mark a turning point, though not everything was going to be easy in the post-war years. But the hideous shadow of war had gone and 75 years later it has yet to return to these shores, thank God.

VE Day - the end of World War II in Europe

By Tim Lenton

VE Day (Victory in Europe) - was celebrated 75 years ago this month, on 8th May 1945, marking the end of World War II in Europe. It was marked with a public holiday.

The previous day the formal act of military surrender had been signed by Germany, and celebrations broke

out when the news was released. Big crowds gathered in London, impromptu parties were held throughout the country, and people danced and sang in the streets. King George VI and his family appeared on the balcony of Buckingham Palace, and Churchill made a speech to huge applause. The two princesses Elizabeth and Margaret mingled with the crowds outside.

Many went into churches to give thanks - and to pray for those still involved in the war in the Far East, because the real end of the war, Victory over Japan, would not happen until 15th August. At St Paul's Cathedral there were ten consecutive services giving thanks for peace, each attended by thousands of people.

The celebrations masked the fact that so many had lost family and friends, as well as possessions and homes. But for the moment normal social conventions broke down, strangers embraced, and love was in the air.

How World War II stopped Tokyo's Olympic Games in 1940

by Tim Lenton

This year's Tokyo Olympic Games have been postponed for a year because of coronavirus. But 80 years ago, the Tokyo Games scheduled for May 1940 were cancelled completely, because of World War II.

Originally rescheduled for Helsinki, they were eventually abandoned, and the Olympic cycle did not restart until 1948 in London.

The cancellation proved to be a wise decision, because by the same month, May 1940, the war had escalated dramatically. On 10th May Prime Minister Neville Chamberlain resigned and was succeeded by Winston Churchill, and between then and 28th May Germany invaded Belgium, the Netherlands and Luxembourg.

2020: WHO's Year of the Nurse

When the WHO (World Health Organisation) decided to make 2020 the Year of the Nurse and Midwife, they based it on the 200th anniversary of Florence Nightingale's birth on 12th May 1820.

But with the arrival of the coronavirus, it is a remarkably apt year to celebrate all that nurses do for us.

As the ICN (International Council of Nurses) says: "All around the world, nurses are working tirelessly to provide the care and attention people need, whenever and wherever they need it. Nurses are central to the delivery of health care; nurses are making an invaluable contribution to the health of people globally."

Nursing as a vocation goes back to the Early Church. When plague struck the Roman world in the third century, it was Christians who tended the sick and dying, often at great personal cost. Their self-sacrifice made a huge impression on Roman society. Centuries later, in medieval Europe, it was the monastic orders that provided health care.

Still centuries later, during the Crimean War (1853-56) Florence Nightingale saved thousands of lives when she transformed the field hospitals, hugely improving the standards of care for wounded and dying soldiers.

In fact, Florence Nightingale deserves the credit for establishing the modern profession of nursing and its structures of training. Although of course medical science has advanced since her time, the basic ethos of nursing care remains today close to Nightingale's vision.

Nursing is frequently described as a

vocation, and it is one to which many Christians are called. Nightingale wrote of being 'called' by God, after having had a vivid religious conversion as a teenager. Writing in February 1837, she stated: "God has spoken to me and called me to His Service."

Four years before going to Crimea, she studied at a Lutheran religious community in Germany which trained deaconesses in medical skills, nursing, and theology. Many of the ideas that Nightingale adopted for her nurses came from that religious community.

Thus, Nightingale's training programme was not solely devoted to secular medical sciences. Her student nurses were required to attend chapel, and her nurses read prayers on the wards.

Nightingale wrote many letters of spiritual encouragement to her students. To one, she wrote that Christ considered it an "honour to serve the poorest and the meanest... He will not give His crown except to those who have borne His cross... Enduring hardship is what He encourages and rewards."

The Bishop of London, the Rt Revd Sarah Mullally trained and worked as a nurse before being appointed to senior positions in the Health Service. She was Chief Nursing Officer for England between 1999 to 2004.

She says: "I became a Christian as a teenager and wanted to follow Christ with my whole life. Rather than having two careers, I have had one vocation: to follow Jesus Christ, to know Him, and to make Him known."

Certainly, of all the professions, nursing has one of the strongest claims to being rooted in the Gospel. Christian nurses implicitly witness to Christ in caring for others.



Walking around for my daily exercise, I see that many of us are using this time to perfect and enjoy our gardens. We have had the benefit of wonderful weather and the colours are so uplifting - a reassurance that life does go on and there will be an end to this crisis.

So I thought I'd include a page of pictures from both mine and Patsy's gardens. If you have some to share - please email me -see page 7 - editor.



East Dorset & Ringwood NHS Retirement Fellowship



The East Dorset & Ringwood Branch of the NHS Retirement Fellowship is for all those (and their families and friends) who have worked in any health or social care profession and aims to support its members through the provision of social, leisure, educational and welfare activities. It gives the opportunity to meet and spend time with other like-minded people. Every month we listen to a speaker or have a “members’ morning”. From time to time we also arrange outings to local attractions and national places of interest or organise group meals at nearby restaurants. Members receive a regular national and branch newsletter and may also benefit from the discounts offered on various cruises and holidays, UK and worldwide travel insurance and a variety of financial services.

We meet at 10:00 am on the second Tuesday of each month at the St. Leonards Village Hall, Braeside Road, BH24 2PH.

For a friendly chat and further information please contact our Branch Secretary, Jenny, on 01202 876560 or joh2lou@talktalk.net or alternatively our Membership Secretary, Helen, on 01425 480202 or at h.nield@btinternet.com

Ferndown PROBUS Club



Ferndown Probus Club is a local association for retired and semi-retired professional and business men.

We meet on the first Wednesday of each month at Dudsbury Golf Club, Ferndown, commencing at 12 noon. Meetings comprise a three-course luncheon followed by a talk, on a diverse range of subjects, given by invited Speakers.

We also hold a coffee morning at the same venue on the second Wednesday of each month for members and their partners.

Social events for members, their partners and also for guests, are arranged throughout the year and may include outings to places of interest, restaurant lunches or dinners, buffet or picnic events, skittles competitions or a host of other fun gatherings.

New members will be made most welcome at this friendly club. For further information please ring the Secretary, Alan Stevens, on 01202 876826, or contact us via our website: www.ferndownprobusclub.org

Please note that, due to Covid-19, meetings for both organisations have been suspended for the time being.

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 The Centre, Trickett's Cross - Thursdays pm

£5

For more information or to book your place
 Call: **01202 530 530**

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Sudoku

Each box and each line must contain the numbers 1-9 only once.

Solution:

6	8	2	3	7	5	4	6	1
9	4	5	1	8	2	6	7	3
3	7	1	4	6	9	5	8	2
8	6	9	5	3	7	1	2	4
7	4	5	2	1	8	9	3	6
2	1	3	6	9	4	8	7	5
1	2	8	7	5	6	3	4	9
4	6	9	8	2	3	7	1	5
5	3	7	6	1	4	2	9	8

8				4				5
5		7			8		6	
	4			5			2	
					9	3		2
9				1				7
4		1	7					
	8			9			7	
	7		2			5		6
1				7				9

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Ringwood Good Neighbours Urgently needed...

Volunteer drivers to take elderly and infirm people in the local community to medical appointments and befrienders for lonely and housebound neighbours.

If you think you could help, please ring 01425 474395 for further information and a friendly chat.

Expenses are paid, only a couple of hours occasionally is asked of you, if you are available.

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to support local families in need

No area is immune to household economic problems and the need for people not to feel belittled by seeking help is fundamental to the cause.

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Milk (UHT or powdered) * sugar (500g and 1kg) * fruit juice (long life) - cartons * tinned soups * pasta sauces * puddings (tinned) * tomatoes (tinned) * rice puddings (tinned) * cereals * tea bags * instant coffee * instant mashed potato * rice * pasta * meat (tinned) * fish (tinned) * fruit (tinned) * jam * biscuits * snack bars

can be left in the Narthex

For more details speak to our Foodbank Co-ordinator, Bill Seward
Thank You

ALL SAINTS CHURCH CHOIR

is looking for more people to join them.



Singing is known to be very good for keeping the brain active and happy, so why not consider coming along! New members are always welcome; no audition is required. Anyone can join, from aged 8 upwards.

We rehearse on Friday evenings and sing for Sunday services and festivals. We also occasionally give concerts and join with other choirs for larger scale pieces. You will be sure of a warm welcome so if you'd like more details call the Director of Music Mrs. Gill Tybjerg on 01425 470906 or Email: gilltybjerg@btinternet.com

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Understanding Investments: Actions in Volatile Bear Markets



Howard Goodship

As I write this, we have just been through 6 weeks of extremely volatile investment markets when we officially entered a “bear market”. This is defined as a 20% fall in an investment index from their recent high. Most investment markets initially fell over 30% and recovered somewhat by the start of April (as I write this article) but as you are now reading this in May I am sure much more will have happened in the interim.

On this occasion, the investment market decline is a secondary consideration as health matters (and the subsequent social distancing restrictions) are rightly the main concern and priority. I hope everyone has been able to get through this difficult time in good health and fair spirits.

Returning to investments, what can we learn from past “bear markets” to help make informed and sensible decisions today?

Cash liquidity is always king! Individuals and companies who don’t retain sufficient cash to see them through downturns in the economy or who over-leverage (borrow too much) eventually flounder. When advising clients, we recommend paying off debt first, then keeping cash for emergencies, plus additional cash to replace income (the amount of cash will vary depending on each client’s personal circumstance). Sufficient cash allows you to ride out a bear market giving your investments time to work (and recover).

If you are drawing income from your investments by selling units, review it immediately! If it’s possible to stop encashing units or at least reduce the unit numbers after large declines it will protect your long-term investment values. To illustrate this, if you generate £1000 of “income” by selling units priced at £1, you need to sell 1000 units. However, if the unit price falls to 70p, you need to sell 1428 units so that’s selling 42% more units after a 30% fall in the price to generate the same level of income. You then have less units available to benefit if unit prices rise, so it is incredibly hard for your investments to fully recover. Replacing or topping-up your income from your cash reserves for a period of time is preferable.

If you are taking “natural income” ie the interest and dividends generated annually by your investments, expect the income to reduce in the short term. Natural income is my preferred method of drawing income from investments as you are not selling units to generate the income (avoiding the scenario above). You retain the

same investment units at all times which should subsequently benefit when markets recover.

However, during recessions dividend payments are likely to reduce. Due to the severity of the recent economic slowdown caused by COVID-19 and the almost total shutdown of our economy for a period of time, dividends during the next 6 to 12 months are likely to be adversely affected (commentators suggest reductions of 35%-50%). If you need to maintain the same level of income, consider topping up the difference from surplus cash reserves for the next 12 months.

Maintain perspective. Whilst the cause of a “Bear Market” and the accompanying economic recession is always different, they don’t usually last as long as “Bull Markets”. In fact, historically Bear Markets typically last between 6 and 18 months compared to between 5 & 7 years for a Bull Market. Providing you are investing for the appropriate timescale (5 years plus) it should allow your investments time to recover.

Don’t panic and think rationally! If you are able to take emotions away from investing, you will likely make better decisions. I often find my role is to tone-down my client’s appetite for risk when investment markets are strong (greed can be the overriding emotion at these times) and ensure they maintain the right level of risk when investment markets have fallen (fear often takes over at these times).

I hope this is helpful. During social distancing I am available on the phone or via webcam should you wish to ask any questions or discuss your investments and I will be happy to meet in person once allowed. **Please stay safe and take care.**

*Howard Goodship is an Independent Financial Adviser with Lonsdale Wealth Management, 5 Fridays Court, Ringwood.
Tel: 01425 208490
www.lonsdaleservices.co.uk*

The value of an investment and the income from it could go down as well as up. The return at the end of the investment period is not guaranteed and you may get back less than you originally invested. The contents of this article are for information purposes only and do not constitute individual advice

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Smile Lines

Why Jesus walked on water

A tourist, planning a trip to the Holy Land, was aghast when he found it would cost £50 an hour to rent a boat on the Sea of Galilee. "Goodness," he objected to the travel agent. "In England it would not have been more than £20."

"That might be true," said the travel agent, "but you have to take into account that the Sea of Galilee is water on which our Lord Himself walked."

"Well, at £50 an hour for a boat," said the tourist, "it's no wonder He walked."

Parental excuses

These are actual 'excuse notes' from parents excusing their children from missing school (includes original spelling):

- My son is under a doctor's care and should not take P.E. today. Please excuse him.

- Please excuse Lisa for being absent. She was sick and I had her shot.

- Dear School: Please excuse John being absent on Jan. 28, 29, 30, 31, 32, and also 33.

- Please excuse Roland from P.E. for a few days. Yesterday he fell out of a tree and misplaced his hip.

- John has been absent because he had two teeth taken out of his face.

- Megan could not come to school today because she has been bothered by very close veins.

- Chris will not be in school cus he has an acre in his side.

- Please excuse Ray Friday from school. He has very loose vowels.

- Please excuse Tommy for being absent yesterday. He had diarrhea and his boots leak.

- Please excuse Jimmy for being. It was his father's fault.

- I kept Billie home because she had to go Christmas shopping because I don't know what size she wear.

- Please excuse Jennifer for missing school yesterday. We forgot to get the Sunday paper off the porch, and when we found it Monday, we thought it was Sunday.

Incomplete

I'm not a complete idiot. Some parts are missing.

Baby sitting

We encouraged our 18-year-old daughter to find a job to help pay for her college education. One day she came home with five applications, and later that evening we read them. Under 'Previous Employment', she listed 'Baby sitting'. And under 'Reason for Leaving' she wrote, 'They came home'.

Rings

They have Dial-a-Prayer for atheists now - you call up and it rings and rings but nobody answers.

Good view

At his wife's insistence, a man purchased a home on a hilltop in a very exclusive section of the community. "I'll bet there is quite a view from way up there," said his friend enviously.

"Yes," replied the homeowner in a resigned manner. "On a clear day you can see the bank that holds the mortgage."

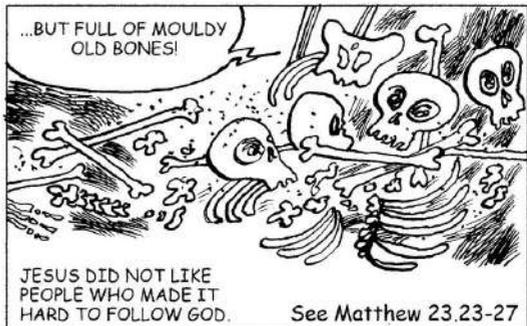
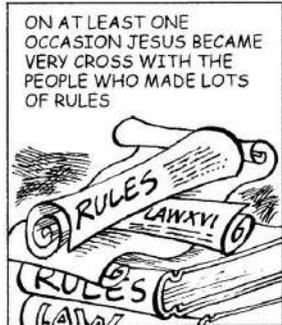
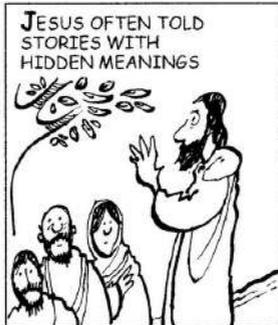
Good and kind

The retiring sidesman was instructing his youthful successor in his Sunday morning duties. "And remember, my boy," he said, "that we have nothing but good, kind Christians in this church - until you try to put someone else in their pew."

Worth remembering.

A man felt he was overloaded in the 'trouble shooting department' of his office, until he found this memo on his desk. "Be thankful for the problems, for if they were less difficult, someone with less ability would have your job."

"Some tough talking"



JESUS DID NOT LIKE PEOPLE WHO MADE IT HARD TO FOLLOW GOD.

See Matthew 23.23-27

Organisations of the Church Centre

Church Flower Guild Sec.
(Mrs. B. Davies) 01425 475700
All Saints Parent & Toddler Group
(Jane Chick) 01425 473177
Braeside Bridge Club - Tuesday evenings
(Mr. J. Jackson) 01425 461661

Village Hall

Bookings/Administrator (Clementine Pestell)
01425 472499 or 07847 430815

Organisations of the Village Hall

Age UK Lunch Club Braeside Day Centre-
Mondays 10am-3pm In the Annex
01202 530530
or email: enquiries@ageukbped.org.uk

Badminton Club (Mrs Derbyshire) 01425 479908
Braeside Artists (Mrs. S. Butler) 01202 874206
Braeside Bowling Club
(Brian Morrell) 01202 828614
Heatherlands Short Mat Bowls Club
(Anne Chater—eves only) 01202 520115
Home Watch Assoc. www.2saints.org.uk
Brian Frecknall (Chair) 01425 476558
email v.frecknall@btopenworld.com

National Health Service Retirement Fellowship
(Dierdre) 01425 472940
Internet Café (Fridays 9am-12.30pm
(Mr. G. Ledbrook) 01425 474849
Tennis Club (Paul Handford) 07709 821006

Women's Institute (Ashley Heath)
(Elizabeth Layet) 01425 478884

Scouts, Cubs & Beavers
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(In Scout HQ behind Hall)
Max 07972 685213

Schools

St. Ives Primary School, Sandy Lane, St. Ives
01425 475478
St. Ives Pre-School (in school grounds)
07799 188712

Residents Associations

Grange Estate (Mrs. J. White) 01202 873620
St. Leonards (Sth) (Mrs. Dyer) 01202 874918

Other Organisations

Ex-Services Club 01425 472087
Ringwood & Fordingbridge Club for the Blind
Chairman: Russel Webb 01425 476618
Secretary: Kate Henderson 01425 476568
Website: www.rfbc.co.uk

GENERAL INFORMATION

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(Dorset & Hampshire)

Chemists -Late Opening

Lloyds Pharmacy, Parkers Close, Ringwood
Open 8.30am-6.30pm weekdays, 9am-12.30pm
Saturdays (closed Sundays) 01425 474196
Boots, Tricketts Cross (next to Sainsbury's)
Open 9am- 7pm weekdays,
8.30am-5.30pm Saturdays and
10.00am-4pm Sundays 01202871841
Ferndown Pharmacy, 487 Ringwood Road
(next to Motabitz). Mon-Sat 7am-11pm, Sun
10am-2pm 01202 892666

Buses

Wilts & Dorset Bus Services: Only route 38,
which runs between Ferndown and Ringwood,
now stops in the area. For details see
timetables online at www.wdabus.co.uk
Or phone 01983 827005

Libraries

Ferndown Library 01202 874542
Ringwood Library 0845 6035631
West Moors Library 01202 873272

Police Phone Numbers

Ferndown Police Station 01202 855544
Or 01202 552099

Please let us know (01425 471335) if any of this information is incorrect or if you would like details of your local community organisation to be mentioned.

Bible Bite

A short story from the Bible

It can be read in the Bible in
Samuel 8:1-10:1, 17-24

Samuel had been a good leader of Israel but he was now old. The leaders of the twelve tribes came to talk to him...



Book Reviews

Where is God in a Coronavirus World?

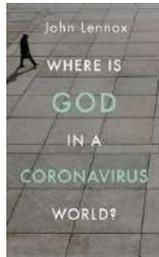
By John Lennox, The Good Book Company, £2.48

We are living through a unique, era-defining period. Many of our old certainties have gone, whatever our view of the world and whatever our beliefs. The coronavirus pandemic and its effects are perplexing and unsettling for all of us. How do we begin to think it through and cope with it?

In this short yet profound book, Oxford mathematics professor John Lennox examines the coronavirus in light of various belief systems and shows how the Christian worldview not only helps us to make sense of it, but also offers us a sure and certain hope to cling to.

John Lennox explains: "This book consists of my reflections on what we are experiencing right now...I would invite you, the reader, to view the book like this: we are sitting in a coffee shop (if only we could!) and you have asked me the question on the book cover. I put down my coffee cup and attempt to give you an honest answer. What follows is what I would try to say in order to convey some comfort, support and hope."

John Lennox is an Emeritus Professor of Mathematics at the University of Oxford and Emeritus Fellow in Mathematics and the Philosophy of Science at Green Templeton College. He is also an Associate Fellow of the Said Business School and an Adjunct Lecturer for The Oxford Centre for Christian Apologetics. He has been part of numerous public debates defending the Christian faith against well-known atheists including



Richard Dawkins, Christopher Hitchens and Peter Singer.

Anxious Times - positive help for those facing uncertainty

By Carmel Thomason, BRF, £4.99

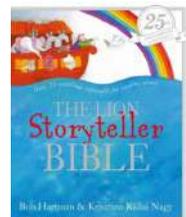
A book of 24 undated reflections drawing on a range of relevant Bible passages to offer genuine hope and encouragement in anxious times. Encompassing the very human emotions of fear and anxiety, the reflections encourage us to draw comfort and strength from God's Word even in those times when He seems silent to us. This book acknowledges that trust and hope in God's goodness doesn't always come easily, but when embraced we gain the strength to face our fear with courage and confidence.



The Lion Storyteller Bible - 25th anniversary

By Bob Hartman and Krisztina Kallai Nagy, Lion Children, £19.99

The original Lion Storyteller Bible broke new ground in its presentation of Bible stories. Over the past 25 years it has been a best-seller, translated into 11 languages.



This new edition of the Storyteller Bible integrates more than 70 Bible story retellings from the Old and New Testaments and also includes a useful appendix of Bob Hartman's hints and tips for storytelling. Newly commissioned illustrations throughout have captured the warmth and appeal as those in the first edition in 1995. This might be a great book for you to order for your children just now.



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